



PILATES REFORMER



LUN 	 13:15  17:15  18:15 AVANZATO  19:15 ATHLETIC REFORMER	SAB 	 9:00  10:00  11:00
MAR 	 8:00  19:15		
MERC 	 10:00  13:00  18:15 AVANZATO  19:15		
GIOV 	 13:00	ATHLETIC REFORMER	
VEN 	 13:00  17:15		

FORZA. POSTURA. ARMONIA.

